# Faculty & Topics Marine Biological Laboratory Woods Hole, MA

Andersen, Bruce/Jim Galbraith Idaho Neurological Institute/NIH Squid Lab

### Awad, Issam

Northwestern University "Scientific Method: History and Philosophy"

**Benowitz**, Larry Harvard University "Axonal Guidance and Regeneration"

Bernstein, Kerry

IBM Corporation "The Evolution of Our Neuroelectronic Species"

Brem, Henry Johns Hopkins University "Brain Tumor Therapy"

**Connolly, E. Sander** Columbia University "Neuroinflammation/Adhesion Molecules"

Corkin, Suzanne Massachusetts Institute of Technology "Is Emotional Memory Special"

**Dempsey, Robert** University of Wisconsin "Putting Scientific Thoughts Together:

What a Reviewer looks for in a Grant or Manuscript" D'Amore, Patricia

Schepens Eye Institute "Angiogenesis and Neoplasia"

### **Edgerton**, V. Reggie

UCLA Medical Center "Activity Dependent Mechanisms that Enhance Sensorimotor Function Following Spinal Cord Injury"

### Friedlander, Robert

Harvard Medical School "Programmed Cell Death an "Strategies with NIH Grants"

Gunel, Murat

Yale University "Signaling Pathways and Neural Cell Fate"

### Haglund, Michael

Duke University

"Optical Imaging of Epileptiform Activity: From Brain Slices to the Operating Room'

### Hochberg, Leigh

Harvard Medical School Intracortically-based Brain-Computer Interfaces: Frontiers in Neuroscience and Functional Neurosurgery

"T" shirts to accommodations to finances. tenure. Cathy coordinated everything from administered the Course during Dr. Awad's a debt of gratitude to Cathy Awad who were added to the faculty. The Society owes headed successful basic science laboratories To this end, several neurosurgeons who establishing laboratories and writing grants. formulating hypothesis driven experiments, educate neurosurgical residents in broadened the goals of the RUNN Course to was entrusted to Issam A. Awad. Dr. Awad In 1999, the leadership of the RUNN Course

and ensure residents' continued participation.

Directors' continued commitment to this unique educational offering, Residency Program Directors. The SNS would insure Program lore as the "Senior Society" or organization of North American of the course. Established in 1920 the SNS is known in neurosurgical Meurological Surgeons (SNS) to assume sponsorship and oversight the RUNN Course. The AANS and CNS asked the Society of

Kang, Lawler "Finding Your Life's Work"

Kondziolka, Douglas University of Pittsburgh "Raising Questions and Answering them: Changing the Practice of Clinical Neurosurgery"

Macklis, Jeffrey Harvard University Medical School "Neural Precursors and Stem Cells: Basic and Translational Science'

Madsen, Joseph Harvard Medical School "Neuroengineering: Pulses and Waves"

Martuza, Robert—Keynote Speaker Harvard Medical School "Development of Oncolytic Viral Vectors"

Nightingale, Roger Duke University Medical Center "Catastrophic Cervical Spine Injury Mechanisms"

**Oldfield**, Edward National Institutes of Health "Convection Delivery to the Brain"

**Pomerov, Scott** Harvard University Medical School "Genomics and Proteomics in Clinical Neuroscience"

**Reese**, Thomas National Institutes of Health "History of the Marine Biological Laboratory"

**Riggins**, Gregory Johns Hopkins University "Molecular Genetics of Brain Tumors"

Rutka, James University of Toronto

"Developmental Signaling Pathways and Brain Tumors"

Schwob, Jim Tufts University "Neural Regeneration and the Olfactory System"

Silver, Jerry Case Western Reserve University

"Glial Barriers and Scarring"

Simard, Marc University of Maryland "Cerebrovascular Smooth Muscle Physiology"

### Walters, Beverly

Brown University "An Introduction to Evidence-Based Neurosurgery"



leaders in neurosurgery and have become eventually became academic stars and later and return again. Other RUNN attendees highest ratings from RUNN Course attendees, regular basis as faculty. Many still receive the other institutions who would participate on a the National Institutes of Health (NIH), and MBL, Syracuse, Vermont, Harvard, Brown, cultivated a core of devoted faculty from the During this period, Charlie and Cordell

served as Course Coordinator. Gross, of Burlington, Vermont. Linda Gross passing the helm of Directorship to Cordell mid 1990's Dr. Hodge became co-Director,

lovely wife Cathy shepherding the Course as its coordinator. In the Directorship of Charles Hodge, of Syracuse, New York, with his heralded an era of expansion and uninterrupted success under the endorsement and administrative oversight by organized neurosurgery AAVS and the Congress of Neurological Surgeons (CUS). This (AANS) and later by the Joint Committee on Education of the



research ships leave everyday to study the pristine waters around organisms found in surrounding waters as model systems. Here teach, study and collaborate. They often use the diverse and abundant students throughout the world come to MBL to conduct research, this country" (Lewis Thomas, The Lives of a Cell). Scientists and MBL has been called "the uniquely national center for biology in

**Course Coordinator: KAREN KOENIG** 

(RUNN)

**Course Directors:** 

BRUCE ANDERSEN, ISSAM A. AWAD, HENRY BREM, ROBERT J. DEMPSEY, CHARLES HODGE, JR., AND EDWARD OLDFIELD

**Co-Directors:** 

ALLAN H. FRIEDMAN, M.D.

ROBERT M. FRIEDLANDER, M.D.

OCTOBER 23-30, 2005 Sponsored by: THE SOCIETY OF NEUROLOGICAL SURGEONS

**RESEARCH UPDATE IN NEUROSCIENCE** FOR NEUROSURGEONS

# Stimulating Science in a Unique Sette

A N N U 0 R

### **Insmottle Tatement**

neurological surgery. translational, and clinical research relevant to the practice of designed to stimulate neurosurgical trainees to participate in basic, hypothesis driven experiments and grant writing. The course is to select a research topic and mentor as well as how to design neurosurgical trainees and faculty. Participants are instructed on how discourse is designed to foster creative discussions among neurosurgical applications. A milieu of total immersion in scientific neurosurgeon-scientists, and illustrating potential future scientific rigor, highlighting models of career development for accomplished neuroscientists in an atmosphere emphasizing neuroscience relevant to neurological surgery. These are presented by of the latest concepts, hypotheses and methods of neurobiology and Neurosurgeons (RUNN), is to provide an introduction to and update The Mission of the course Research Update in Neuroscience for

## end Setting Historical Background

in setting the course of academic neurosurgeons. neurosurgery. Dr. Schmidek's RUNN Course has been instrumental neurobiology that he feared would weaken the specialty of was to combat what he perceived as potential illiteracy in basic neurosciences, which he predicted in the early 1980's. The course To noisned expansion of the anticipated expansion of of Harvard University and the University of Vermont. The course The RUNN course was the brainchild of Henry Schmidek, formerly

institution devoted to research and education in basic biology, the Woods Hole, Massachusetts. Established in 1888 as a non-profit very familiar with the Marine Biological Laboratory (MBL) at As so many neuroscientists from New England, Dr. Schmidek was

call of nature. competition to diligent scholarship at Woods Hole is the inspiring islands. With miles of bicycle trails and nearby ferries, the only gateway, along the magnificent coast of Cape Cod and nearby and scholars. It is all in Woods Hole, that lovely little spot and ideal quaint harbor, with a friendly staff that knows how to host students And there is Swope Hall, a simple dormitory sleepily straddling a and a magnificent setting for creativity and scholarly productivity. facilities, a quintessential scientific community in true life and work, microscopy facilities, numerous amphitheaters and teaching molecular mechanisms of neural function. There are incredible continues to be) so closely studied unfolding the splendid story of everything biological. It is here that the giant squid axon was (and books and journals and incredible electronic connectivity to space and a splendid library with an extraordinary repository of species of marine life. There are 230,000 square feet of research Martha's Vineyard sound and to collect and maintain more than 200

successes and challenges in the laboratory. academic stars as role models, and wiser icons telling their tales of participate in RUNN. There would also be neurosurgery's rising England universities who would drive to MBL for one or two days to demonstrating microscopy and dissection and scientists from New York City. The faculty included scientists from the MBL, Louis, from Minnesota to Maryland, and from San Francisco to New fall, immersing neurosurgery residents from New Orleans to Saint By the mid-1980's it was an established offering for two weeks each other residency program directors to send their trainees once a year. It is here that Henry Schmidek cast his RUNN Course, and lobbied

snosgrul Langevican Association of Neurological Surgeons jewel of American neurosurgical education was adopted in the late today, and its culture and milieu remain as appealing. This crown not. The founding mission of the RUNN Course remains relevant There was nothing like it in neurosurgical education, and there still is



bedroom (many shared by two residents) as memorable. legendary cafeteria is like no other, and the views from each simple hatched. All attendees stay at the dorm at Swope Hall, where the research ideas and even an occasional scholarly career would be the night. Friendships would be forged among attendees, and creative and vivid discussions with beer, wine and snacks late into There would be long blocks of time for reading in the library, or for filled with lectures, unhurried, with plenty of time for discussion. casting truly unforgettable lectures or discussions. The days would be trainees would be invited again. Many would dazzle and inspire speaker. Only those who are highly rated by the neurosurgical on topics he/she actively investigates, and that he/she be an effective that the individual be an active and accomplished scientist, speaking dedicated faculty. A requirement for faculty participation remains —

to solue or and re-commitment to the Mission and core values of love so much. The opportunity of change of leadership allowed a refrom the Directorship of the RUNN Course, which he had grown to Because of untimely illness in 1998, Dr. Gross asked to step down

# **RUNN Course Leadership**

In 2004, Dr. Awad passed the baton of leadership to Allan H. Friedman (Duke University) and Robert M. Friedlander (Harvard) as the new Directors of the Course. The Co-Directors of the Course are Issam A. Awad (Northwestern), Bruce Andersen (Idaho Neurological Institute), Henry Brem (Johns Hopkins), Robert J. Dempsey (University of Wisconsin) and Charles Hodge, Jr. (SUNY at Syracuse). Dr. Andersen works closely with Jim Gailbraith and Paul Gallant (both of the National Institutes of Health) on the squid lab and microscopy workshop. Course Coordinator, Karen Koenig, works throughout the year to insure RUNN is executed flawlessly, managing the organization, administration and accounting of the Course.

# The 2005 RUNN Course Curriculum: Tradition and Innovation

The founding mission and core values of the RUNN Course remained unchanged for the 2004 course, and the SNS Executive Committee (representing North American Residency Program Directors) rearticulated its commitment to the course and its leadership.

In response to recent course evaluations and discussions with Program Directors and residents, the course was shortened in 1999 from two weeks to one week with travel days on adjacent weekends. This format was maintained in 2005. The one and one half hour length of individual lectures remained unchanged and six evening sessions were held. Curriculum content was reshaped to include lectures covering the spectrum of molecular, cellular and systems neuroscience. Lectures covered topics on molecular genetics, signaling and receptors, stem cells, cell death, regeneration, oncogenesis, glial barriers, vascular tone and phenotype, cognitive information science, circuit modeling, and higher cortical function. Approximately one third of the lectures were given by practicing neurosurgeons with active funded laboratories. There were tours of the MBL laboratories and the very popular microscopy seminar. This year the hands-on dissection of squid giant axon was cancelled due to inclement weather. A lecture on grantsmanship was given in its place. There were discussions on academic career development, grantsmanship, history and philosophy of science and the scientific method, and history of the MBL. And there were the traditional opening get-acquainted reception and Course Orientation, and the farewell Clambake and certificate ceremony.

The 2005 Special Lecture, "Development of Oncolytic Viral Vectors," was delivered by Robert Martuza, M.D., Higgins Professor of Neurosurgery, Chief Neurosurgical Service, Harvard University Medical Center. Dr. Martuza not only presented an outstanding lecture on, oncoloytic viral vectors, but charted his own development as a neurosurgeon scientist.

The collegial atmosphere at Swope Hall remained unchanged, as were the memorable late night sessions with snacks, beer and wine and the very late night sessions at Captain Kidd's where residents discussed everything from research topics and career paths, to residency training, to NFL football. Each attendee received a complementary copy of either Fundamentals of Neuroscience, edited by Zigmond, Bloom, Landis, Roberts, and Squire (Academic Press 1999), or the Third Edition of Neuroscience, Edited by Purves, Augustine, Fitzpatrick, Hall, LaMantia, McNamara and Williams. These books are magnificent references to topics covered in the lectures, and an outstanding source for future study.



# An Enthusiastic Cast of Attendees

There were 76 attendees from Programs (see list) representing programs throughout the United States, Canada, Puerto Rico and Portugal. The reshaped course is ideal for young attending neurosurgeons just embarking on their academic career. Our goal is to attract one neurosurgeon from each neurosurgical program in North America. We will work hard until we achieve representation of at least one participant from each North American Program.

Our participants continue to be enthusiastic. It is exciting to see the participants swept up in the lectures and spontaneously confronting the lecturers with insightful questions. If this group is representative of neurosurgical residents, the future of neurosurgery looks very bright.

## Course Report by Ciaran Powers, M.D., Ph.D., Resident Attendee

Neurosurgical Resident Duke University Hospital

For the 21st year, the Research Update in Neuroscience for Neurosurgeons (RUNN) course took place in the historic Marine Biological Laboratory (MBL) in beautiful Cape Cod. The course brought well-known researchers from a broad range of fields in the neurosciences together with over seventy eager residents and neurosurgeons in practice for a week of lectures and conversation. As many of the resident reports of the past have articulated, the RUNN course was once again an intellectually-inspiring escape from the rigors of patient care during our training. Personally, it provided me a chance to indulge the inquisitive drive that got me interested in research to begin with as a college student.

The course directors, Drs. Allan Friedman and Robert Friedlander, brought an engaging group of speakers from across the country to speak on their research. Topics ranged from the molecular signaling pathways during development to cellular responses to spinal cord injury to the biomechanics of neck injury. Freed from the traditional expectations of a formal scientific lecture, the speakers were able to introduce novel and exciting ideas about how we think about solving neurosurgical problems. For example, Dr. Marc Simard introduced the idea of heparinizing patients following aneurysmal SAH to prevent vasospasm and Dr. Joseph Madsen articulated the problems with our current paradigm of hydrocephalus and slit ventricle syndrome. Speakers were also able to describe the cutting edge of advances in technology and our ability to treat patients with crippling neurologic impairments. Such was the case of Dr. Leigh Hochberg, who presented his most recent experiences with cortically-based brain-machine interfaces.

Perhaps more important than the scientific content of the lectures was the lessons learned by these physician-scientists regarding the actual balance of research and clinical responsibilities. At the start of each lecture we heard how these scientists succeeded in creating the situations that allowed them to have both a successful clinical practice and productive research endeavor. There were as many ways of achieving this balance as there were speakers. Dr. Friedlander described the importance of serendipity in finding a productive situation in which to start a research career. Dr. Michael Haglund stressed the usefulness of incorporating a research project into the unique opportunities of a surgeon, such as being able to perform experiments in the operating room. And Dr. Robert Dempsey encouraged the participants not to give up at the first rejected grant, but to doggedly pursue our ideas.

Important opportunities for questioning also occurred outside of the lectures. Insofar as all the course participants were sequestered away at the MBL, we were able to engage in academic conversations over lunch, dinner or an evening glass of wine. In addition, residents from different programs were able to interact with each other and compare our experiences. It was very interesting to see the different ways in which different hospitals manages similar neurosurgical problems, such as surgical versus endovascular management of ruptured aneurysms. Many of us residents had not seen each other since we were interviewing for the Match and it was great to see the familiar faces.



RUNN Web Site http://www.societyns.org

# **Future Course Dates**

Marine Biology Laboratory Woods Hole, MA

> October 21–28, 2006 October 20–27, 2007 October 18–25, 2008 October 17–24, 2009

# **RUNN Course Attendees** October 23–30, 2005

Participant

Almeida, Cesar A, Amin, Devin V. Armin, Sean Bagan, Brad Bamber, Norman Banasiak, Magdalena Belknap, Thomas Birknes, John Blaskiewicz, Donald Bollo, Robert Brooks, Nathaniel Bryant, Tanya Caridi, John Coitero, Domingos Cowan, Jr., John Dalfino, John Das, Sunit Delgado, Mariel Dell, Stephen S. DiLuna, Michael L. Douds, G. Logan Ducruet, Andrew Eddleman, Christopher Elbabaa, Samer K. Fakhoury, Faris Feliciano-Valls, Caleb Fox, W. Christopher Galvan, George Gonzalez-Cruz, Jorge Hanna, Amgad

Harmon, Daniel Hirschl, Robert Jamoona, Amrith Jankowitz, Brian Kouloumberis, Pelagia E. Lee, Ian Leveque, Jean-Christophe (JC) Liang, Danny Litvack, Zachary Madhok, Ricky Massengale, Justin Mathur, Vin McCanna, Shannon

### **Institution** University of Calgary

University of Pittsburgh Loma Linda University Rush University, Chicago Loyla University Chicago University of South Florida Brown University Jefferson SUNY Upstate Medical Center NYU Medical Center University of Wisconsin Medical College of South Carolina University of Maryaland Portugal (Attending) University of Michigan Albany Medical College Northwestern Ohio State University California (Attending) Yale University Penn State Columbia University Northwestern University of North Carolina University of Illinois-Chicago University of Puerto Rico University of Michigan University of Missouri-Columbia Louisiana State, Shreveport Thomas Jefferson University Hospital University of Alabama Ohio State University New York Medical College University of Pittsburgh University of Illinois - Chicago Henry Ford University of Michigan University of Maryland Oregon State Univ. OHSU University of Pittsburgh Stanford University Temple University Philadelphia Indiana University Darthmouth-Hitchcock Columbia University Yale University Albert Einstein Allegheny General Hospital University of Pittsburgh University of Rochester Harvard/Brigham & Womens University of Cincinnati University of Toronto Rush University, Chicago Mayo, Rochester Wake Forest University Duke University Univ. of Wisconsin UMDNJ University of Ottawa UMDNJ University of Colorado Louisiana State University University of Michigan University of Buffalo UMDNJ University of New Mexico University of Illinois University of Minnesota Medical College of Georgia University of Minnesota Mayo, Rochester University of Vermont University of Toronto University of TN Oregan State University OHSU

# A Splendid Cast of Faculty

The faculty (see list) represented a virtual who's who of American neuroscience. There were 30 faculty and 8 directors, representing an extraordinary student/faculty ratio of 2/1 (excluding course codirectors who did not lecture). Attendees were mesmerized by the dynamic speakers and post lecture discussions were lively and probing. The residents discussed personal choices in research commitments and career direction with the invited speakers. Many faculty members had participated in the RUNN Course for several years, and all promised to come again if invited. The Course evaluations included countless constructive suggestions for next year. Individual faculty mean evaluation scores ranged 1.2 to 2.2 (scale 1-5, 1 best), with more than two-thirds scoring better than 2.0 (good), and none averaging a score of 3.0 (average) or worse. Between lectures and meals, there was still time to explore the MBL and its surrounds. The library, just down the street from Swope Hall, was accessible 24 hours a day and provided a quiet place for reading and writing. There were several great routes for running along the coast or up past the lighthouse. In addition, many residents took advantage of Wood Hole's only open bar in the off season, Captain Kidd's, for evening entertainment.

### **Generous Educational Grants**

We acknowledge generous sponsorship level grants from **INTEGRA** FOUNDATION, **STRYKER** and generous educational grants in support of the 2005 RUNN Course by MM MARATHON MEDICAL INC. These grants paid for the purchase of textbooks for each participant and subsidized faculty travel and honoraria costs.

# **Toward RUNN 2006 and Beyond!**

We have finalized space contracts with the MBL for the years 2006 through 2009. RUNN 2006 will take place from October 21-28, 2006. The SNS and the Course Co-Directors and Coordinator are committed to maintaining the best of the RUNN Course, while continuing to strive to enhance curriculum content and value to each registrant. We continue to call on Residency Program Directors to support this unique gem of North American Neurosurgical Education, by providing their residents the opportunity of exposure to, and update on the best of neurobiology. We hope that future courses will also attract fellows and young faculty at formative states of their academic careers, and to practicing neurosurgeons who want to get reacquainted with the future of Neurosurgery!

Missios, Symeon Moise, Gaetan Ocal, Eylem Okpaku, Aubrey O'Neil, Brent Ong, Joseph Pandalai, Sudha Papanastassiou, Alexander Parikh, Samir Parr, Ann Patel, Nimesh Patrick, Todd Powers, Alexander Powers, Ciaran Rajpal, Sharad Sabit, Aria Sachs, Adam Schwartz, Paul Seinfeld, Joshua Shanks, Todd Song, Debbie K. Tawk, Rabih Thurmond, James Tran, Hoan Tsung, Andrew Turner, Scott Tuttle, Jonathan Uittenbogaard, Kyle Utter, P. Andrew Visioni, Agostino Weeks, Adrienne Weimar, James Weinstein, Jason